



Prayer Counselling For Life & Home

Healing Your Life & Home Through Prayer and Counselling

About the Author



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A Brief Overview of how Prayer Counseling works,
including a Summary of Home Counseling

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INTRODUCTION

Prayer Counselling

What is Prayer Counselling?

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What is Prayer Counselling?

Many people have asked what prayer counseling is about.. Through simple spiritual care, a counsellor uses prayers to bless the healing of your human spirit. This can also include your home. Prayers of blessing can mean using a form of discernment to “sense” what may be at play in your life causing spiritual difficulty, and then following that with prayers of blessing.

Sometimes, your beliefs about your life are holding you back from progress and these are addressed as well.

Don't be surprised if the blessing over your house and life involves a certain amount of authoritative prayers to undo some negative choices you made previously.

What will the counsellor Do?

Using prayer to begin, she will be able to find a starting point in uncovering problem places in your home environment.

- **Can you give me an example of how a Prayer Counselling WalkThrough worked for a home?**
- One woman found there were certain artifacts in her home that had honored a different philosophy than hers and it was providing a way for demonic entities to have a hold on her life. Once these were identified, she was able to change her understanding of how she was sabotaging her own efforts and her life improved. Having lived the past year in night terrors and financial distress, she began making different choices that moved her forward.
- **How long does it take?**
- Prayer Counselling is designed like any other type of counselling, where the client decides in how many sessions they need as long as some form of progress is being made.



What is Spiritual Care?

Spiritual Care begins with the client's own faith system and her desire to move forward in healing, change, and a new way of seeing and living life. Just as counselling involves addressing how a person is currently addressing life and detecting areas that need changing, so spiritual care address the way a person's faith system might be holding them back. This does not mean to change one's belief system but to understand it more clearly and in a way that helps you move forward in healing and change.

Christian Scripture that Helps with Prayer Counselling Needs

When a client feels a need to make things right within their Christian beliefs in order to enact transformation in life issues, they can use biblical truths to help them along. These will be offered by your Christian Counsellor to help you understand your Christian principles in a clearer light .

Healing the Human Spirit

Often, a client might feel a need to pray alongside the counsellor in order to make their own decisions and declarations of change or negative choices so that they can begin to think differently about their understanding of Christian principles. If the counsellor senses that some inner healing is required, this can be addressed using scripture, prayers, and counselling techniques.

I use Family Systems and Narrative Approaches most of the time but access various counselling techniques to address spiritual matters.

On the other hand specifically Christian counselling is often requested by some clients in order to declare one's own authority over their life and anything that is interfering with it. Simple prayers can often result in healing of the human spirit and a quick exit of anything plaguing the client's spiritual health and home.

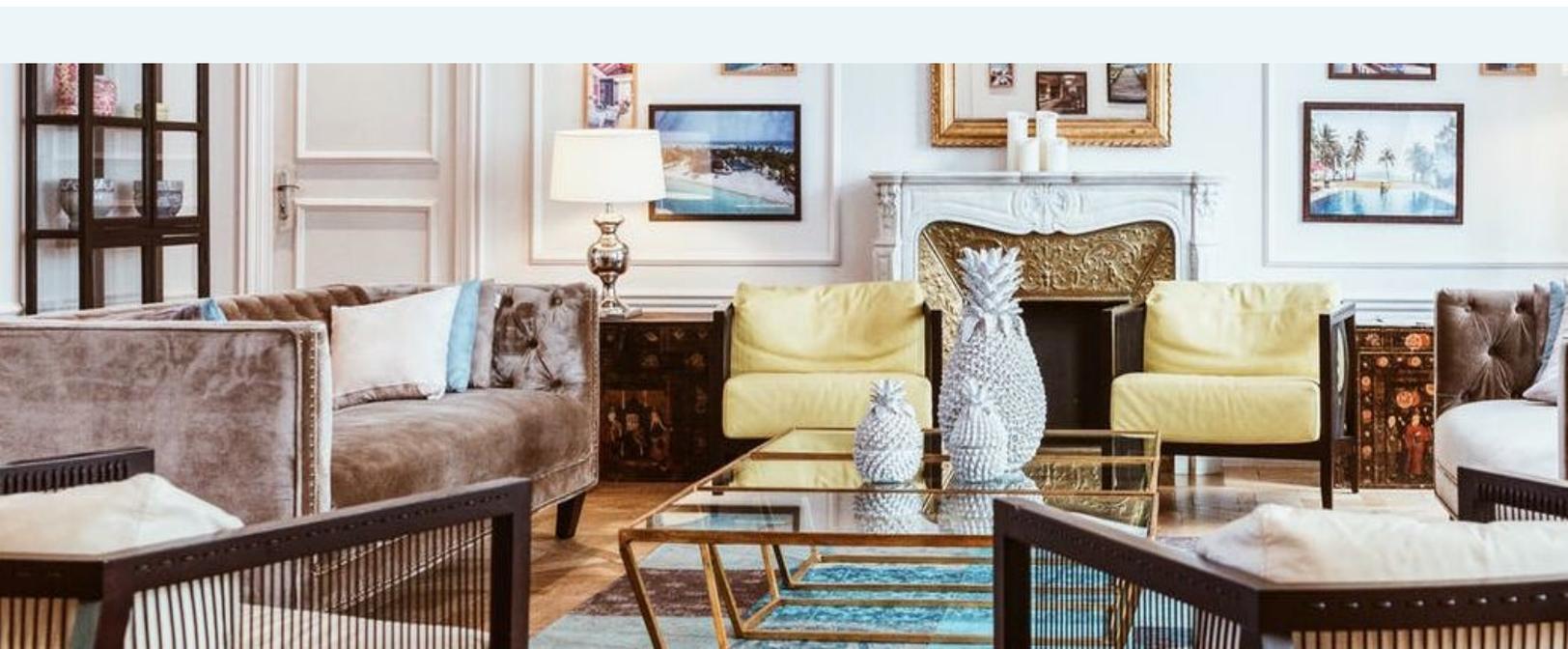
House Blessings

Walk Through

At times, a house **WalkThrough** is necessary after a client realizes they have engaged in activities that may have introduced negative energies into their living space that affect spiritual health. These are detected, addressed and managed, through counselling techniques, prayer and client statements that help the client view their perspectives in a new light.

Sometimes called “**House Cleansing**” the practice actually changes what a client decides to allow inTO their personal activities, connections and spiritual practices to change how their lives unfold.

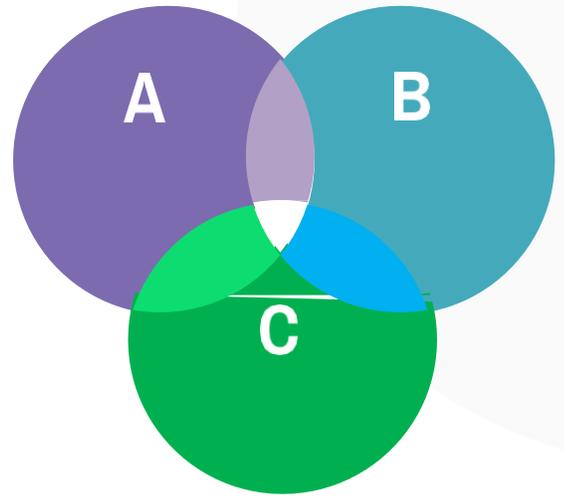
To put it lightly, clients usually begin a stronger approach to living out their lives that blesses and enhances success in spiritual healing and focus.



What You Can Do

Steps to Christian Counselling Life & Home

- A**
Begin with prayer to heal your own spirit.
- B**
Walk Through: walking through your home to prayerfully sense any causes of your difficulties.
- C**
Talking with Counsellor about faith perspectives that are holding you back and learning how to change perspectives.



Choosing a Christian Counselling Session

**This is where you bring it all home, make an appointment, and
renew your Life & Home through
Christian Counselling with Spiritual Prayers.**

Easing into a new spiritual perspective can help you rethink your own
actions, thoughts and beliefs so that you lead a more productive life
with clarity.

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